

Feel empowered in YOUR HEALTH

Sonya Sullins provides the tools to heal

BY GRACE E. OLSON



Could the Wellness Pro benefit *your* health care practice?

The FDA-cleared Wellness Pro offers practitioners in health and wellness a great opportunity to reach a multitude of people who, like Sonya, are looking for a tool to advance their approach to health. It is widely used around the world and is the premier choice of health care professionals, athletes, coaches and medical research facilities.

“Wellness Pro has helped me in countless ways, and has become a staple in my business,” Sonya says. “If there is one thing I know, it’s that we all got into the healing arts because we care. We care about people. We care about health and wellness. We care about quality of life. We care about living physically pain free. We care about living without emotional pain. We are passionate. We are healers.”

She has a deep appreciation, a love really, for the many who have helped her heal and wants to return the favor by offering other practitioners in health and wellness a chance to change lives with the Wellness Pro.

To find more information and to purchase the Wellness Pro for your home or business, visit www.luminouslotushealing.com or call 608-620-5171.

How does the Wellness Pro work?

Sonya explains that the FDA-cleared device Wellness Pro produces long-term results by alleviating acute and chronic pain symptoms. Its impulses stimulate the peripheral nerves that send information about touch and vibration. The signals from the stimulated nerves interfere with pain signals traveling to the brain, which reduces the brain’s perception of pain. The frequencies generated by the Wellness Pro are similar to the effect of taking opioids. These frequencies can eliminate pain through the same biological processes as prescription pain medications but without the harmful side effects.

“At its most basic, it’s like a transcutaneous electrical nerve stimulation (TENS) unit but much more sophisticated,” Sonya says. “The Wellness Pro offers the widest range of frequencies and addresses muscle, nerve and joint pain.”

The Wellness Pro is able to be very specific in addressing the health issues that you’re experiencing. Based on your symptoms or even your diagnosis, the Wellness Pro combines the exact frequencies and wave types that are needed to find relief from what ails you.

The Wellness Pro delivers these frequencies and wave types by emitting them into your body from two hand wands and two foot pads. The gentle vibration or pulsing sensation you feel are pathological frequencies being neutralized in your system, thereby interrupting the receptors in your brain that respond to pain, and thus provide relief.

“One client came in worried because she was diagnosed with a retinal hemorrhage and doctors told her they couldn’t do anything about it, but would keep an eye on it,” Sonya says. “After a few sessions on the Wellness Pro the client returned to the doctor and found that there was no longer any evidence of the hemorrhage or scar tissue. Continued sessions with the Wellness Pro actually even helped the client’s vision improve to where it had been five years ago.”

The Wellness Pro can be used to provide relief for many ailments and conditions. It effectively relieves chronic and acute muscle, joint and nerve pain, and conditions such as cold and flu, sinus or lung congestion.

Gaining independence on your health journey

Sonya believes that from a healing perspective, no one but you is in charge of your health or healing and in order for the body to be restored back to optimal health, it needs support. The human body craves balance, but our environment — filled with toxins, emotional stress and anxiety — can wreak havoc on our well-being.

The Wellness Pro can be experienced during sessions with Sonya at Luminous Lotus Healing, but a significant aspect of her healing approach is providing the tools and allowing clients to independently move forward in the comfort of their own homes.

“Clients who want to move on from being dependent on me for treatments and wish to empower themselves by being in charge of their own health have the option to purchase the Wellness Pro so they can continue to heal in the convenience of their own home,” she says.

“When my clients have their own Wellness Pro they can own their healing instead of owning their illness. When you say, ‘my cancer,’ you now own your cancer and it becomes you. Shifting it and saying, ‘I have symptoms and I’m healing’ is a much more positive message and is very empowering.”

Sonya is a liaison or bridge to get clients to the next phase of their healing. She offers simple advice for those who may be struggling to feel empowered on their path to overall well-being:

“Never give up,” she says. “Part of making the decision to do something you have never done to help yourself is shifting your energy — it opens a whole new journey.”

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Almost 90 percent of all visits to primary health care providers are due to stress-related problems, linking itself to all of the leading causes of death: cardiovascular disease, cancer, accidents and suicide. Sonya Sullins is included in that statistic.

Sonya knows what it’s like to feel ill and look for solutions. After experiencing muscle aches and brain fog, she wasn’t sleeping and was feeling the toll on her body. Although she was asking the right questions, traditional medicine didn’t have the answers and she sought another approach.

“My quest to solve my personal health challenges and to do so using safe, holistic, noninvasive yet effective approaches led me down an interesting path,” Sonya says. “I discovered there are more options than I ever imagined!”

The course that followed wasn’t easy, but helped her make the decision to open her mind to an alternative approach, which changed her journey forever. She opened Luminous Lotus Healing, offering others safe, natural and effective alternatives for health and well-being and hasn’t looked back. In fact, with an open mind and positive perspective, Sonya is continuously moving forward in researching and finding the tools to help others.

“The good news is that my quest not only helped me uncover safe and effective options, but also options that provided relief and healing when I was told nothing more could be done,” she says. “It has since been my mission to bring health and healing to others on their journey.”

Own your healing and feel empowered in your treatment

Sonya recognizes that there isn’t just one solution that works for everyone’s symptoms or illnesses every time, and thus it can be easy to get disheartened and think working toward good health is a lost cause.

“I’m never people’s first stop,” she laughs good-naturedly. “I see people who are discouraged and think they’ve tried everything. The reality is once you click with something that works, that’s what matters. You’ve got to be willing to investigate other things.”

Sonya has done the studying and researching for you and explains how she has discovered immense healing in her mission. Luminous Lotus Healing offers healing via two FDA-cleared medical devices that she credits for changing her life and, most importantly, her health: Amethyst BioMat and Wellness Pro.

The easy to use Amethyst BioMat is thermotherapy, which combines far infrared rays, amethyst crystals and the emittance of negative ions to reduce pain, stress and inflammation.

“In addition to relieving physical symptoms, it also addresses nonphysical symptoms because it reduces cortisol and increases serotonin,” Sonya explains. “So if you’re feeling stress or anxiety, or having problems with sleep, the BioMat can help give you relief.”